



FAQs for Pre-arrival Covid-19 Testing

1. Why is a Covid-19 PCR-based test needed before arrival if my camper will be tested again on arrival day at camp?

- Per NH Guidelines:
 - Screening testing (asymptomatic testing) should be conducted with a nucleic acid amplification testing (NAAT), such as a PCR-based test. The use of antigen testing in asymptomatic persons is generally not recommended by NH public health because studies comparing antigen- to PCR-based tests have shown that antigen tests miss an estimated 60-70% of infections detected by PCR-based testing.
 - Campers and staff must have an upper respiratory specimen collected within 5 days before arrival at camp for SARS-CoV-2 testing with a PCR-based test.
- This ensures we are doing everything we can to prevent a positive Covid infection from arriving in camp. New Hampshire also requires us to test on arrival day in the event the camper came into contact with Covid during travel or after they did their initial test.
- Please make sure you and your campers engage in healthy behaviors and mitigating risk after testing to prevent exposure before arrival.

2. Where can I get tested?

- There are many places to get tested. Look on your local state websites or contact your primary care providers. Just make sure it is a **PCR-based test** and **NOT** a rapid antigen test. The link below allows you to search for testing based on the state you live in. Many drug stores such as CVS, Walgreens, Rite Aid, along with walk-in clinics, are now offering Covid-19 testing, and they are not the invasive nasal pharyngeal sample. Many are an easy lower nasal swabs. Just make sure it is a **PCR test**
- <https://www.hhs.gov/coronavirus/community-based-testing-sites/index.html>

3. I see a bunch of rapid tests advertised; can I do one of those?

- Depends, the State of NH is currently **NOT** allowing rapid-antigen test for asymptomatic screening. However, there are test now that are considered a "rapid" PCR-based test. Make sure to ask the testing site if it is a **PCR-based test**. We are **NOT** able to accept an antigen test per the NH guidelines and regulations. If you have further questions, please let us know.

4. What is a PCR test?

- A PCR test is a molecular test; this type of COVID-19 test detects the virus's genetic material using a lab technique called polymerase chain reaction (PCR).
- Please see the link below for information on different types of testing. However, the camp can and will **only** accept a **PCR-based test**.
 - <https://www.fda.gov/consumers/consumer-updates/coronavirus-disease-2019-testing-basics>

5. How will the camp get the results?

- Hand carry a copy of the results with you on arrival to camp. You can also email or upload your results to your Campminder account.
- State guidelines require campers to have a negative PCR test, 3-5 days before arrival. Your camper will not be able to remain at camp without documentation of this negative PCR test result.

6. What if my child has had COVID?

- If your child has recently had a Covid-19 infection in the past 90 days before arrival day, your child does NOT have to be tested. However, you must upload documentation showing a positive Covid-19 test result. It is also recommended you hand carry a copy of the result on arrival day.

7. What if I still have questions about testing?

- Call camp or email Melissa-Jo "MJ," the nurse at MJ@camphuckins.org.

